

Motivational Climates in the Dance Studio: Best practices in teaching and learning dance based on the latest psychology research.
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Dance Teachers / Studio Managers/ Recent graduates interested in teaching dance
 The aims of this webinar are to: Equip participants with basic knowledge of pedagogical psychology in dance. This field studies best practices in teaching and learning dance based on the latest psychology research. Explore motivational climates in the studio in an interactive, exciting and experiential manner. Improve the participants' knowledge and understanding of Self Determination (SDT) and Self Concordance (SC) models. To provide practical experience of application of pedagogical models to the studio.
 Have an increased understanding of teaching/learning psychology Be able to incorporate the teaching of basics of SDT and SC in your dance teaching Have a greater understanding of how motivational climates can be used to increase student satisfaction and retention. Be more aware of how students receive and process teacher and peer feedback in different environments Have gained a clarity on the role of effort and deliberate practice in student motivation
Motivational climates workshop will introduce students to different approaches to dance and movement pedagogy. It will go through research conducted by the Centre for Advanced Training (CAT) in the UK on dancers and combine their findings with general research on motivation in physical activity. Theories such as the Self-Determination Theory and Self- Concordance model will be explored and related to the concepts of effort and deliberate practice. Each workshop session will conclude with practical advice for teachers and goal setting activities for the implementation of the class material in the studio. As a reflection activity, the participants will be given topics including dancing teens, recreational dancer, dropout in dance, imagery, talent, performance anxiety, perfectionism, and goal setting. They will think about how they perceive these topics in their current practice and have the option to share their conclusions with the rest of the group during the discussion portions of the workshop.



 Application, discussion, and reflection topics given (15 min) Presentation of dance specific research in: dropout, dance addiction, age. (35 min) Application and discussion (15 min) Discussion of reflection topics (10 min)
